

## **Look-up and Cry!**

**Psalms 5:1 - 4** *"...Give ear to my words, O LORD, consider my meditation. (2) Hearken unto the voice of my cry, my King, and my God: for unto thee will I pray. (3) My voice shalt thou hear in the morning, O LORD; in the morning will I direct my prayer unto thee, and will look up. (4) For thou art not a God that hath pleasure in wickedness: neither shall evil dwell with thee."*

As Christians we ought to continually "Look-up and Cry" to our Great God! We need to be careful because if we do not give God enough attention, He may put us in a place where we have no option but to look-up to Him. Sometimes, most times we are so involved that we do not make time for "God-Time". There is probably nothing more lacking in most Christians day than God-time. Thanking God for what He has done, or given, for our family, church, job, or our possessions. In America, we are the most blessed people in the world, we do not know what it is like not to have. We in America is so rich, even our poor is more wealthy than other parts of the of the world. We live in a Nation where we can and do have great knowledge of our Great God, where God's salvation has been to many, and we are allowed to worship our Great Saviour freely. Yet, we are one of the most sinful Nations on earth. Even the most Blessed, that are Christians, live just as sinful as the lost, rarely attending church, rarely finding time to look-up to God and cry or to find time to be mindful of God's favors.

**Luke 12:48** *"But he that knew not, and did commit things worthy of stripes, shall be beaten with few stripes. For unto whomsoever much is given, of him shall be much required: and to whom men have committed much, of him they will ask the more."*

**Philippians 4:6** *"Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God."*

- A. The Lord said, "Be careful for nothing".
  1. The word "careful" means to be anxious for nothing.
  2. The word here means - that there is to be such confidence in God as to free the mind from anxiety. For the believer, there should be such a sense of dependence on Him as to keep it calm from anxiety and worries.

3. This does not mean that we are not to be “careful” or “anxious” about our godly duties.
  - a. The church should be on our careful list. **1 Corinthians 12:25** *“That there should be no schism in the body; but that the members should have the same care one for another.”*
  - b. **1 Corinthians 7:32 - 34** *“But I would have you without carefulness. He that is unmarried careth for the things that belong to the Lord, how he may please the Lord: (33) But he that is married careth for the things that are of the world, how he may please his wife. (34) There is difference also between a wife and a virgin. The unmarried woman careth for the things of the Lord, that she may be holy both in body and in spirit: but she that is married careth for the things of the world, how she may please her husband.”* – as life progresses we have more to attract our attention, but we need to be careful and not allow these things to take away our “God-time” understanding that God is our everything.
- B. Let us free ourselves from our over-anxiousness about worldly things.
  1. Worldly necessities distract from our thoughts on serving God. **1 Corinthians 10:31** *“Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.”*
  2. **Colossians 3:17** *“And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him.”*
  3. **Colossians 3:23 - 24** *“And whatsoever ye do, do it heartily, as to the Lord, and not unto men; (24) Knowing that of the Lord ye shall receive the reward of the inheritance: **for ye serve the Lord Christ.**”*
  4. We need to care about the Lord. That includes our God-Time. **1 Peter 5:6 – 7** *“Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: (7) Casting all your care upon him; for he careth for you.”* – God cares about you.
- C. We do not need to be anxious about the results of our work.
  1. God also controls our work results.

- a. **2 Corinthians 9:10 - 11** *"Now he that ministereth seed to the sower both minister bread for your food, and multiply your seed sown, and increase the fruits of your righteousness;) (11) Being enriched in every thing to all bountifulness, which causeth through us thanksgiving to God."* - All increases is of God.
  - b. **1 Corinthians 3:6 - 7** *"I have planted, Apollos watered; but God gave the increase. (7) So then neither is he that planteth any thing, neither he that watereth; but God that giveth the increase."*
2. Our overanxious is sinfulness. It is a distrust in God.
    - a. It doubts the reality of God's promise.
    - b. It doubts the power of God to provide what He has promised.
  3. Thanking and crying to God keeps us reminded that He is in control of everything. Trusting Him and not ourselves or mankind.
- D. The results of our failure.
1. Unfortunately, America is a lost nation, they are not thankful to God for our blessings. America does not seek God's help neither do they cry unto Him.
  2. This is because man does not see God's goodness but has become evil. Our example is Israel and their time in the wilderness.
  3. This is one of the marks of the last days it is called Godlessness in the Last Days . **2 Timothy 3:1 - 5** *"This know also, that in the last days perilous times shall come. (2) For men shall be lovers of their own selves, covetous, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, (3) Without natural affection, trucebreakers, false accusers, incontinent, fierce, despisers of those that are good, (4) Traitors, heady, highminded, lovers of pleasures more than lovers of God; (5) Having a form of godliness, but denying the power thereof: from such turn away."*
  4. Christians are not to be part of this godlessness. **2 Corinthians 6:17 - 18** *"Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you, (18) And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty."*
  5. Our constant reminder of God's grace is our looking-up and crying to God.